WEEK 2: THINKING BIG

The best way to get your present work headed in the right direction is to focus on your future. What do you want to make of your life? One of the best exercises for this is to imagine your funeral. Write your own eulogy. And this week is all about thinking through your future. Reserve an hour or two. Find a quiet place to work. And dig right in...

MAKE A LIST OF THE PEOPLE IN YOUR LIFE THAT MATTER MOST
NOW IMAGINE YOUR FUNERAL
FOR EACH PERSON IN YOUR LIST MAKE A NOTE ABOUT WHAT THEY WOULD SAY ABOUT YOU AND YOUR IMPACT ON THEIR LIFE.

NOW IDENTIFY ANY CHANGES YOU NEED TO MAKE IN YOUR LIFE NOW TO IMPROVE YOUR RELATIONSHIPS. WHAT CAN YOU DO NOW AND IN THE YEAR AHEAD?
ONCE YOU THINK ABOUT THE PEOPLE, NOW THINK ABOUT YOUR LEGACY. WHAT DO YOU WANT TO LEAVE TO THE WORLD? WHAT WILL BE YOUR LIFE'S WORK? HOW CAN YOU MAKE PROGRESS ON THOSE THINGS IN 2016?